



REDISCOVER YOUR HARMONY

THE EXCLUSIVE INTERNO MARCHE SPA

Leave the world outside and
immerse yourself in an experience
of pure relaxation, every breath will
reconnect you to your balance

T. 073318979

reception@internomarche.it



GIVE YOURSELF A BREAK

Enter an oasis of peace and let yourself be enveloped by wellness with the exclusive Interno Marche SPA and the treatments we have designed for you, to regenerate body and soul.

Privileged moments to take care of yourself, accompanied by decorations inspired by one of the great protagonists of design of the last century, Laszlo Moholy-Nagy, whose graphics develop on the walls, embracing those who live this space.

The well-being of the body and the creative inspiration of design for a truly satisfying experience for all the senses.

Discover the spaces



THE SAUNA

Start by taking a shower to prepare your body for the wellness program and then move on to the Finnish sauna. The dry heat and the natural scent of wood contribute to muscle relaxation.





ICE SHOWER

Take a cold shower to lower your temperature and stimulate vascular gymnastics.



THE HAMMAM

It's time to move on to the Turkish bath, to eliminate toxins and stimulate circulation. Alternate it with emotional showers or rest on our tepidarium bench.



THE POOL

A final step in the pool with counter-current swimming and hydromassage jets.



RELAXATION AREA

Your wellness program is over, it's time to enjoy a scented herbal tea and relax in our relaxation area, letting yourself be lulled by the light installations on its ceiling.

DISCOVER THE TREATMENTS



Our face and body treatments,
perfect to combine with the
wellness program in the SPA

FACE

PERSONAL MASSAGE 70 €

A first step of cleansing the face, neck and décolleté to prepare the skin to receive a relaxing massage personalized on your skin type and needs.

duration 60 minutes

in combination with the wellness program 100 €

HYDRADERM 80 €

Restores the natural cellular vigor to the tissues, nourishes and gives the face elasticity. Powerful active ingredients enhance the deep hydration of the face for a full and crystalline beauty.

duration 50 minutes

in combination with the wellness program 110 €

AROMATHERAPY

70 €

Purifying treatment for skin cell renewal with a cleansing, nourishing and smoothing effect. Rebalances and prepares, also ideal for enhancing the effect of subsequent facial rituals.

duration 50 minutes

in combination with the wellness program 100 €

SENSITIVE

80 €

Designed to soothe widespread redness, it strengthens and restructures fragile and sensitive skin. Precious active ingredients aimed at dispersing excess heat, a treatment that gives well-being and brightness. Anti-radical and anti-stress effect.

duration 50 minutes

in combination with the wellness program 110 €

BODY

SEA BENEFITS

90 €

Favor cell renewal with our scented marine exfoliating treatment. Left on, this treatment also has an exclusive draining power and, combined with a leg massage, promotes the natural process of cell turnover for light legs and silky skin.

duration 60 minutes

in combination with the wellness program

120 €

DETOX

90 €

Find harmony with our exclusive detox treatment. This experience is designed to purify, renew and invigorate your body, promoting a feeling of lightness and vitality. Start with a body exfoliation for brighter skin, followed by a 30-minute massage that will melt away any tension.

duration 60 minutes

in combination with the wellness program

120 €

PERFUME RELAX

90 €

This massage helps reduce stress, promotes greater muscle flexibility, improves the quality of sleep and gives you a general sense of well-being. Rediscover your inner serenity with our relaxing massage with scented candles. The warm wax, rich in nourishing ingredients, pampers and hydrates the skin and, in synergy with a pleasant massage, dissolves tension and gives pleasure and vigor to the entire body.

duration 60 minutes

in combination with the wellness program

120 €

WELLNESS RITUALS



Total body massages and treatments, for a complete and satisfying wellness experience

HOT STONE

100 €

The stones, heated to an ideal temperature, are placed on strategic points of the body to help release muscle tension and stimulate circulation. The delicate movements of the massage, combined with the heat of the stones, penetrate deep into the tissues, relieving tension and stress and giving a feeling of total psychophysical well-being.

duration 60 minutes

in combination with the wellness program

130 €

MILLEFIORI

80 €

The natural benefits of honey for extra nourishment to your skin. Exfoliating and hydrating, the honey scrub nourishes deeply and leaves the skin luminous and velvety. A delicious and fragrant treat, to be combined with a honey scrub for a complete treatment.

duration 60 minutes

in combination with the wellness program

110 €

FORMADREN

120 €

Ideal if you have gained a few extra pounds, if you feel heavy and bloated. Detoxifies, drains, stimulates the metabolism and reshapes the silhouette with highly effective manipulations and sequences of specific applications.

duration 80 minutes

in combination with the wellness program

150 €

SPICES SENSES

80-100€

An energizing experience that stimulates the chemistry of joy, to awaken the senses and give the skin the desired charm of silk. A scrub with Shea Butter and Brazilian Pepper, to nourish the skin deeply.

duration 50-80 minutes

in combination with the wellness program 110-130 €



A ROOM OF
ONE'S OWN

COUPLE MASSAGE

180 €

Share an experience of well-being and complicity by choosing a couple massage. In an intimate and relaxing atmosphere, you can enjoy a moment of deep connection and relaxation, immersed in an intimate and welcoming atmosphere. End in style with a tasting of cold cuts and a glass of wine, in our private cave.

duration 60 minutes

in combination with the wellness program

240 €

SPA IN DAY USE

145 €

Enjoy relaxation in our SPA, in a sensorial flow of baths and treatments that regenerate the body and caress the spirit. Included in the offer is the daily use of one of the 30 Interno Marche design rooms. To offer you maximum comfort and hospitality, in the unique atmosphere of our hotel.





HERBAL TOUCH

We have chosen Herbal Touch Biocosmetics for our SPA. A line of multifunctional dermocosmetics suitable for all ages and skin types that guarantees real, long-lasting and customized results.

Science and nature at the service of well-being and uniqueness, for a reliable and safe skincare thanks to the most performing active ingredients on the market. The bottles with certified airless technology guarantee a product that is always stable, intact as at the first use, without any alteration of the formulas.

Herbal Touch products are free from GMOs, allergens, petrolatum and paraffins, silicones, mineral oils, propylene glycol, parabens, ethoxylates and are not tested on animals.



HERBAL TOUCH
VITA ALLA BELLEZZA

GUIDELINES

Access to the SPA/Wellness Center is permitted with the prior authorization of the staff and is subject to the signing of the release and acceptance and compliance with the following Regulations.

- Reservations for access and for any treatment are mandatory. Requests for changes to the timetable or cancellations of access and/or booked treatments must be communicated to the Hotel Reception no later than 24 hours before access and/or the treatment itself. Otherwise, the rates agreed upon at the time of booking will be charged to the Customer.
- Access is to be considered a single access and once completed, it is not permitted to leave the facility and re-enter it without the express prior authorization of the staff.
- To make your stay safe and pleasant, access to the SPA/Wellness Center is permitted to a maximum number of people at the same time, so the Hotel Management reserves the right to limit entries in the event of crowding.
- Access is not permitted to pregnant women, to those who have had or have cardiovascular disorders and/or are affected, by way of example and not limited to, by heart disease and/or after-effects of cardiac surgery (by-pass, valve surgery, etc.), hypertension and/or arterial hypotension, respiratory diseases (asthma, emphysema, etc.), epilepsy or convulsive seizures, varicose disease and venous thrombosis, neoplasms, are wearers of plaster and/or other devices applied as a result of trauma or have after-effects of trauma or recent surgery and in any case who suffer from other significant pathologies.
- To avoid compromising one's well-being, access is not permitted to those to whom their doctor has advised against the use of SPAs/Wellness Centers and the practice of treatments.
- It is necessary to inform the staff of any particular conditions, even temporary ones (allergies, intolerances, recent operations, fever, ongoing infections, inflammatory phenomena in general, wounds in the acute phase or in the process of healing, dermatitis, mycosis, claustrophobia, etc.) that could interfere with the wellness program and the execution of treatments; in such cases, the staff reserves the right to prohibit access.
- Access is not permitted to minors under 16 years of age; from 16 to 18 years of age, access is permitted only if accompanied by adults after signing a specific release.
- The permitted time of stay inside the SPA/Wellness Center (including the use of the changing rooms) is 90 minutes. Treatments specific to the person will have the duration established by the staff assigned to them.
- To maintain the quality of the water and the cleanliness of the facilities, it is mandatory to shower before accessing the wellness program and after using the hot environments and not to use makeup, creams or body products.
- Users must only use the bathrobes, towels and non-slip slippers provided by the Hotel staff.
- It is mandatory to wear a swimming costume and non-slip slippers, paying maximum attention when moving around.
- It is advisable to wear a swimming cap in the pools.
- It is forbidden to run, push, dive into the pools and you must pay attention to the paved surfaces both in the water and out of it, which could be made slippery by the water.
- The maximum height of the pools is 1.30 meters and they are not equipped with surveillance.
- In case of illness in the Sauna and Hammam, sound the appropriate alarms inside them or contact the staff immediately.
- It is recommended to enter the pools without accessories, glasses and jewelry (bracelets, necklaces, rings, earrings, watches, etc.) as the water could damage them. It is recommended to leave them in the designated lockers, taking care to keep the locker key inside the pocket of the bathrobe. The Management declines all responsibility for any theft, loss, destruction or damage of personal objects and valuables even if they have been locked in the lockers provided for this purpose; users are advised not to bring valuables into the SPA/Wellness Center.
- It is mandatory to use a towel inside the sauna and on benches, deckchairs or other seating areas.
- At the end of the wellness program and/or treatments, the linen provided by the Hotel must be returned and placed inside the designated container located at the entrance to the SPA/Wellness Center and the keys to the lockers must be returned to the staff, checking that no personal objects have been left in the pockets of the bathrobes and in the lockers. The non-slip slippers are disposable.
- It is necessary to keep the telephone on silent mode throughout the SPA/Wellness Centre and maintain a tone of voice and demeanour appropriate to the environment in which it is being performed.



INFO &
BOOKINGS

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